

# The 7 "R" Stages of Revival from Sin and Death to Abundant and Everlasting Life with 3 "Rs" of Backsliding

1. **Repentance** - Conviction by Holy Spirit of sin and righteousness leads to a turning to God.
2. **Redemption and reconciliation** - Confession and appeal for God's forgiveness and comfort leads to new birth and salvation in Christ, openness to the Holy Spirit, and spiritually imparted reconciliation with God the Father.
3. **Remission and relief** - New Life in Christ leads to remission of symptoms of guilt and shame.

*[Relapse (early) - Unless the gift of salvation is worked out through prayer, Bible study, teaching, discipleship/fellowship, and secured by baptism, the old ways will come back. In other words, if the new baby isn't fed, clothed, protected from the world, and kept clean it will die.]*

4. **Recovery** - Past is systematically examined, sorted out, and negative aspects are repented of, left behind, covered with Blood of Christ, and replaced with new behavior patterns.

*[Relapse (later) - Unless the new believer goes beyond recovery into restoration, they are subject to reverting to old, dysfunctional emotional and behavioral ways of coping with stress. Having relapsed at this stage, it is more difficult to restore them.]*

5. **Restoration** - Hurts, vulnerabilities, blockages, and hang-ups from past sin (self and others) are uncovered and absorbed in the adoptive love of the Heavenly Father, which leads to peace, healing, a sense of solid belonging and emotional adoption into the safety and security of the household of God.
6. **Renewal** - Person remains under ongoing influence of Holy Spirit and Word of God as they continue to be sanctified and grow as a child of God in purity, wisdom, and stature.

*[Relapse (late) - Remaining unresolved or buried issues from past or failure to continue process of renewal leave person open to fall prey to similar issues again in their later Christian walk.]*

7. **Revival** - Redeemed life is lived out in joyful obedience and service, touching many others with the love of God and helping usher them into the Kingdom of God and establish them as solid disciples of Christ.