Patriarch Age and Genetics

By Dr. Jay L. Wile – July 10, 2010



Schematic of DNA, showing nucleotide bases that code the information it contains.

In 2005, Dr. J. C. Sanford wrote a book entitled *Genetic Entropy* and the Mystery of the Genome (4th edition, 2014). Dr. Sanford is well-suited to write a book on genetics, given that he has a PhD in plant breeding and genetics and holds more than 30 patents in his field. While the main thrust of the book is that the field of genetics as we understand it today provides little evidence for evolution and an enormous amount of evidence against it, there are some fascinating "side issues" he brings up from time to time.

I was reminded of one of those side issues on Friday when a student asked me why the patriarchs in Genesis lived to be so old. Noah, for example, lived to be 950, according to Genesis 9:29. Given today's lifespans, that seems pretty outrageous. How could Noah possibly have lived that long? Also, even though his descendants didn't live as long as he did, they still lived longer than anyone today.

Noah's son, Shem, lived to be 600 years old, according to Genesis 11:10-11. Noah's grandson, Arphaxad, lived 438 years, according to Genesis 11:12. If you continue through Noah's line, you will find that (on average) the later a descendant was born, the shorter life he led. Nevertheless, it takes many, many generations for the lifespans of the patriarchs to reach what we would call reasonable based on today's standards.

Of course, one way to deal with this issue is to say that the ages of the patriarchs in Genesis are not accurate. Instead, as a kind of "hero worship," the writer of Genesis artificially inflated the patriarchs' ages to make them look "larger than life." In his book, Dr. Sanford not only shows why such an explanation is probably not correct, he points out the data that indicate a decay in lifespan is exactly what you would expect given our current understanding of genetics.

To show that the ages reported in the bible are most likely accurate, he constructs a graph that plots the lifetime of a patriarch versus the number of centuries the patriarch was born after Noah. The graph (reproduced on the next page) follows a very distinct exponential decay pattern:

Dr. Sanford correctly points out that this decay looks very typical of many decay patterns we see in biology. People tend to think in linear terms, so if I were the writer of Genesis making up the patriarchs' ages as I wrote, I would probably make the decrease in age more linear. Even if I specifically tried to make the ages look "not made up," it would be extremely difficult for me to produce ages that decay exponentially. It is just very difficult for people to think that way. As Sanford puts it (pp. 148-149):

We are forced to conclude that the writer of Genesis faithfully recorded an exponential decay of human lifespans, or the author fabricated the data using sophisticated mathematical modeling.



Actually, that's a bit of a false dichotomy. The author of Genesis could also have been lucky. He could have just made up some numbers out of the blue, and they could have followed an exponential decay pattern simply by chance. Of course, the odds of such a thing happening are pretty low, but as I have pointed out many times on this blog, with enough faith, you can believe anything.

So given that the decay of lifespans as reported in the Bible looks biologically accurate, what is Dr. Sanford's explanation? In his mind, it is all about genomic decay. He produces quite a bit of evidence to show that the human genome is decaying fairly rapidly due to mutations. As a result, general health and life expectancy are decreasing right along with it. Thus, the reduction in lifespan that we see reported in the Bible is simply the result of genomic decay.

Now, of course, with the rise of modern medicine, sanitation, and good nutrition, we can overcome some of the problems associated with genomic decay. As a result, we are living longer and healthier lives than those who lived in the past few generations. However, the effect of genomic decay is significant enough that even all of modern medicine cannot bring back the lifespans of Noah, his children, or his grandchildren.

According to Dr. Sanford, then, the patriarchs in Genesis lived so long because their genomes were more "pristine." The human race hadn't been around for very long, so the human genome had not decayed much. As time went on, more and more mutations accumulated in the human genome, resulting in more and more genomic decay, which in turn led to shorter and shorter lifespans.



About the author. Dr. Jay L. Wile holds an earned PhD in nuclear chemistry. He is best known as the author of award-winning elementary, junior and senior high school science courses including the Science through HisStory, "Discovering Design with...", and "Exploring Creation with..." series.

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